

LASIK Procedure Post – Operative Instructions

Name of Patient: _____ Date: _____

- It is not unusual to experience discomfort the day of treatment. Your eye(s) may experience occasional irritation and be light sensitive, watery and scratchy for about one week following your procedure. These symptoms may persist for up to one month. If you are having discomfort, you may take one of the following: Advil, Tylenol, or Aspirin.
- Your eyelids may be swollen following the procedure; this is routinely caused by irritation. This is not uncommon and the eyelids will gradually return to their normal appearance.
- Daily fluctuations in vision are normal after treatment. Your vision may be blurry for two to three weeks after the procedure.
- Do not rub your eye for one month after your procedure
- Please use the eye shield while sleeping the first week following your procedure.
- Do not get water in your eye for one week after the procedure. You may shower. However do not swim.
- Do not wear makeup for one week.
- Sunglasses with ultraviolet protection should be worn at all times while outside.
- Your eyelids may become sticky from the eye drops. You may use a damp cloth to gently pat off the excess.
- If you have any problems, we can be reached 24 hours a day
Dr. Smith at tel. 310-720-0739 or by pager 310-286-8134

Medication:

- Antibiotic-Vigamox or Zymar: Use 1 drop 4 times a day for 5 days, beginning when you get home on the day of the procedure or **until bottle runs out**, whichever comes first.
- Anti-Inflammatory-prednisolone or fluoromethalone: Shake before using to mix well. Use 1 drop 4 times a day for 5 days or **until bottle runs out**, whichever comes first.
- Lubricating drop-Celluvisc Refresh Plus and Refresh Tears: 1 drop every 30 minutes while awake, on the first day of surgery, then as needed for dryness or irritation.

*Your post-op appointment is on _____ at:

Signature of Patient: _____ Date: _____

Signature of Witness: _____ Date: _____